H2WEEK



for Thursday, April 13, 2017

Rochester, where Care, Respect, Belonging, and Service to Others are Values that Matter.

District Professional Day: Friday, April 21



Please welcome our newest staff member, Mme. Carole Moutal to the Rochester Community. Mme. Moutal will teach in our grade 3 class (Division 7) on Tuesday, Thursday and Friday.

ROCKETS SOAR at PROVINCIAL FINALS!

Congratulations to our Rochester's **Odyssey of the Mind** Champions. Our team of 7 includes



(from left to right): Theodore Precourt, Evan Vellescig, Ellis Wood, Brody Rotzien, Taylor Kim, Ean Vellescig and Trevor Startin. The team formed in mid-January to work together on solving a long-term problem (they chose to design vehicles to perform necessary tasks) and practicing spontaneous problems (they prepared themselves to solve a spontaneous problem on the day of the tournament).

Our team competed at the Qualifying Tournament on March 4 and at the Provincial Tournament last week on April 8. As a result of their collective effort, dedication and hard work, the team won Gold (1st Place) in their division and an opportunity to compete at World Finals!

The team has decided to compete at World Finals in Michigan from March 24 to 27 and are proud to

represent Rochester Elementary and Canada. We all wish them luck and hopefully can support them with their current fundraising efforts!

The team also wants to acknowledge Ben and Rhyan Holmes for their commitment to babysitting their coach's kids during practices.

Farewell to "Sad Slope" - Yeah!!!

Our hill of weeds and dirt overlooking the basketball court, currently known as Sad Slope is undergoing a transformation. Last week, SD 43 crews were out reshaping the hill and adding 24 yards of soil. Soon there will be new timbers and bench seating at the bottom of the hill. As well, six new trees will be planted in the next coming days.

Y OGA for ADULTS at Rochester

The best Yoga deal for adults in town is right here at Rochester. Parents are welcome to join staff for one hour of afternoon Yoga on Thursdays from 3:30-4:30 in our library. The instructor is supplied by Place Maillard Centre and the cost is \$45.00 for eight sessions. If you are interested simply show up at the library on Thursday just before 3:30 to join in the relaxing fun.

Science Alive SOLD OUT!

Our latest afterschool program, Science Alive is not at capacity.

Excel Martial Arts Returns to Rochester

Excel Martial Arts returns this spring to offer new sessions of this popular program. A notice with registration details was sent home Wednesday. The program includes four sessions at lunch on May 2, 3, 9, and 10.

Thanks RPAC for the HIP HOP

Thank you to the Rochester PAC for bringing HIP HOP back to Rochester next month. Every child will receive daily HIP HOP instruction from May 8 to 16. On the afternoon of Tuesday, May 16th parents can come see their children perform! More details will be sent you about the specific time and duration of the performance.



Scholastic BOOK Fair

The Scholastic Book Fair comes in early May. There will be contests, door prizes and an opportunity to shop your for child and your child's class library as well. The Fair is open between May 2nd and 4th after school from 3-4pm and possibly at lunch

time. We need parent volunteers to help with setup, takedown and checkout duties. This is a great opportunity for you to promote literacy and show support for your school and community. Please email Mrs. Doza at jdoza@sd43.bc.ca or Mrs. Loptson at kloptson@sd43.bc.ca if you are interested in volunteering.



Here comes Peter Cotton Tail...

Rochester was in violation of the District's "Giant Bunnies in School" Policy this week when this furry friend arrived to spread Easter cheer in the school. Special thanks to Bunny Trainer Nina D. for guiding Peter in the school.

RPAC Update

The next and last RPAC Meeting this school year is May 15th at 7 pm in our library. This last gathering of the year is the AGM and will include an election for RPAC Executive positions for the next school. May of our current RPAC

Executive members will be moving on this year as their children go onto Middle School. We need new members to help with these important roles.

Thank You Parents

On behalf of all students and staff, we want to show our thanks to our parent community by inviting you to a THANK YOU PARENTS breakfast on Thursday, June 8th in our gym. There will be entertainment and the best breakfast this side of Austin!



Signs of Spring at Rochester

Scent Reminder

In a school of more than 450 students and staff, it is not surprising to know that a portion of our population live with allergies and sensitivities to a variety of foods and scents. These conditions range from mild to life threatening and that is why we are diligent at the school about knowing who has these conditions and the necessary measures to support them.

At this time, we have a number of children and staff who have scent sensitivities. Strong odours from paint, perfume, colognes, fabric softeners and detergents, as well as hair products can trigger adverse reactions such as severe headaches and nausea.

Fortunately, most children at the elementary age are not using these products but some do. Some enthusiastic K's and grade 1's have been known to splash on a bit of fragrance unbeknownst to their parents!

Please help us help those with scent sensitivities by ensuring your child comes to school without these strongly scented products. There is no way of making a school scent free but we can all help making the school more scent sensitive.

Your understanding and cooperation in this matter are appreciated.